Also Covered in Grade	Nutrition	Also Covered in Grade	Growth and Development	Also Covered in Grade	Disease Prevention and Control
	1. Explore "beauty myth" and "macho myth" in terms of body image	6	1. Identify behaviors that put relationships at risk		**1. Observe testing of water, air, and soil for pollution and disease control**
	2. Identify symptoms of anorexia and bulimia	4,6	2. Reverence self and others in language and actions	6	2. Understand basic information about sexually transmitted diseases
	3. Report on malnutrition in American poor and elderly	6	3. Review meaning of peer sexual harassment		**3. Describe characteristics of a mentally healthy person**
	4. Analyze how evolving food techniques affect society's eating patterns	6	4. Stress importance of abstinence from sexual activity until marriage		4. Understand the difference between mature and immature behavior
	5. Compare advantages/disadvantages of processed, canned, frozen, packaged foods		5. Understand relationship between good health practices and practicing morality		
			6. Examine ways of effectively refusing unwanted sexual advances or behaviors		
		6	7. Review effects of drugs on decision making skills (PTO Speaker)		
	Safety and First Aid		8. Understand the dangers and consequences of rape, pornography, and inappropriate conduct on the Internet		**Health Issues and Dangerous Substances**
	1. Demonstrate appropriate response to an emergency situation requiring outside help				**1. Analyze characteristics of mentally healthy/unhealthy person**
	2. Learn how to apply 1st aid until help arrives				2. Identify warning signs of depression and suicide
	3. Analyze family history to identify predis-position to injury or disease			6	3. Analyze signs of substance abuse both short term and long term indicators (PTO Speaker)
	4. Work toward earning Red Cross 1st aid certificate			6	4. Determine how friend/family members can find help for substance abuser (PTO Speaker)
	5. Learn proper 1st aid for frostbite, poison ivy, animal bites, sunburn, beestings, food poisoning			6	**5. Discuss how people with birth defects and handicaps may use various equipment to give life quality**
	6. Identify procedures for responding to fire, poisonings, and other emergencies			4,6	6. Review how drugs affect each body system as well as whole body (PTO Speaker)
	7. Demonstrate how to use fire extinguisher				
	8. Practice emergency calling information			4,6	7. Examine the effects of steroid use (PTO Speaker)
	9. Indicate steps for emergencies that may happen on playground or when biking, skateboarding, or swimming				