Also covered in Grade	**Nutrition**	Also covered in Grade	**Growth and Development**	Also covered in Grade	**Disease Prevention and Control**
	1. Examine ways that scientific research influences	4, 7	1. Explore functions of skin and its care		1. Examine solutions and alternatives
	personal decisions about food consumption	5	2. Learn physical, emotional and social changes		to a local health issue
			specific to puberty		2. Investigate how heridity, lifestyle or
		5	3.Identify benefits of abstinence from sexual		environment relate to liklihood of contracting diseases
			activity until after marriage	4	3. Identify disease prevention strategies
		5	4. Investigate how puberty and adolescence		4. Explore ways to help families of terminally ill patients
			affect the family	4	5. Research polio, influenza, yellow fever, smallpox,
		5	5. Describe variation and intensity of emotions		typhoid, and tuberculosis
			during adolescence	4	6. Learn how HIV/Aids weakens the immune system *GCS Grade 4*
					7. Learn about health laws on immunization *GCS Grade 5*
					8. Research disease control in cities *GCS Grade 5*
					9. Investigate factors which predispose a person
					to communicable diseases *GCS Grade 7*
					10. Examine own health situation and assess need
					for change *GCS Grade 7*
	Safety and First Aid			4	11. Investigate how diseases affect body system
	1. Explore resources available to learn		**Health Issues and Dangerous Substances**		including sexually transmitted diseases *GCS Grade 7*
	more about water, hunting, gun safety	4	1. Examine how written and visual techniques are		12. Describe body's immune system *GCS Grade 7*
	2. Practice steps to be taken in an emergency		used to influence alcohol, tobacco, and drug use	4	13. Prepare reports on communicable diseases
	3. Plan alternate fire routes in home and school	4	2. Explore how alcohol, tobacco and drug companies		including HIV, cholera, dysentary, diphtheria,
4	4. Explore emergency procedures for disasters		target youth		chicken pox, mumps, measles, common cold,
	5. Demonstrate basic 1st aid responses	4,5	3. Learn the legal consequences for under age		pneumonia, hepatitis, strep throat, legionnaires disease
	6. Investigate what leads to interpersonal		use of alcohol, tobacco, and drug use		*GCS Grade 7*
	conflicts and what means we have to resolve	4	4. Learn alternative responses to enable avoidance		14. Compare/contrast communicable and
	them *GCS Grade 7*		of high risk and substance abuse situations		non-communicable diseases *GCS Grade 8*
	7. Compare and contrast positive and negative	4	5. Classify drugs by level of addiction *GCS Grade 4*		15. Compare present and past treatments
	responses to emotions *GCS Grade 7*	4	6. Discuss healthy ways to have fun *GCS Grade 7*		of communicable diseases *GCS Grade 8*
	8. Learn and practice skills of active listening *GCS Grade 7*	4	7. Discover cultural patterns and peer pressures		16. Understand how viruses affect bodies
			that encourage use of alcohol, tobacco, and		and how they respond to treatment *GCS Grade 8*
			other drugs and which support systems enable		17. Analyze how economic, environmental,
			youth to resist these factors *GCS Grade 7*		and political issues can affect disease
		4	8. Discover strategies to reduce influence of		prevention and control *GCS Grade 8*
			advertisements about alcohol, tobacco, and		
			other drugs *GCS Grade 7*		
			9. Report on programs designed to help alcoholics		
			and their families AA, ALANON, ALATEEN,		
			MADD,SADD *GCS Grade 7*		
		4	10. Identify harmful effects on individual families		
			and society from drug use and violence *GCS Grade 7*		
			11. Identify approaches that work to eliminate		
			drug use and violence in individuals and society *GCS Grade 7*		